

**POPE FRANCIS  
SECONDARY BIC  
SEPTEMBER 2018**



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
8/27	8/28	8/29	8/30	8/31
Blueberry Muffin  Or Assorted Cereal  Whole Grain Cracker Craisins 100% Juice	Apple Strudel  Or Assorted Cereal  Whole Grain Cracker Fresh Fruit 100% Juice	Cinnabar  Or Assorted Cereal  String Cheese Fresh Fruit 100% Juice	Chocolate Chip French Toast Or Assorted Cereal  String Cheese Fresh Fruit 100% Juice	Egg, Bacon and Cheese Flatbread Or Assorted Cereal  Whole Grain Cracker Fresh Fruit 100% Juice
9/3	9/4	9/5	9/6	9/7
NO SCHOOL	Cinnamon Ultimate Breakfast Round Or Assorted Breakfast Cereal Bar  String Cheese Fresh Fruit 100% Juice	Egg, Ham and Cheese Ciabatta Or Assorted Breakfast Cereal Bar  Whole Grain Cracker Fresh Fruit 100% Juice	Confetti Pancakes  Or Assorted Breakfast Cereal Bar  Whole Grain Cracker Fresh Fruit 100% Juice	Strawberry Guava Flip  Or Assorted Breakfast Cereal Bar  String Cheese Fresh Fruit 100% Juice
9/10	9/11	9/12	9/13	9/14
Egg, Sausage and Cheese Biscuit Or Assorted Cereal  Whole Grain Cracker Craisins 100% Juice	Blueberry Waffle  Or Assorted Cereal  String Cheese Fresh Fruit 100% Juice	Banana Muffin  Or Assorted Cereal  Whole Grain Cracker Fresh Fruit 100% Juice	Chocolate Croissant  Or Assorted Cereal  String Cheese Fresh Fruit 100% Juice	Strawberry Greek Yogurt Or Assorted Cereal  Granola Fresh Fruit 100% Juice
9/17	9/18	9/19	9/20	9/21
Oatmeal Chocolate Chip Bar  Or Assorted Breakfast Cereal Bar  String Cheese Raisins 100% Juice	Cheddar Cheese Omelet And Blueberry Bagel, Jelly or Margarine Or Assorted Breakfast Cereal Bar  Whole Grain Cracker Fresh Fruit 100% Juice	Strawberry Pancakes  Or Assorted Breakfast Cereal Bar  Whole Grain Cracker Fresh Fruit 100% Juice	Apple Muffin  Or Assorted Breakfast Cereal Bar  String Cheese Fresh Fruit 100% Juice	Cinnamon Bun  Or Assorted Breakfast Cereal Bar  Whole Grain Cracker Fresh Fruit 100% Juice
9/24	9/25	9/26	9/27	9/28
Bagel-fuls  Or Assorted Cereal  Whole Grain Cracker Raisins 100% Juice	Egg and Cheese English Muffin Or Assorted Cereal  Whole Grain Cracker Fresh Fruit 100% Juice	88 Acres Bar  Or Assorted Cereal  String Cheese Fresh Fruit 100% Juice	Banana Pancake  Or Assorted Cereal  String Cheese Fresh Fruit 100% Juice	Strawberry Greek Yogurt Or Assorted Cereal  Granola Fresh Fruit 100% Juice

1% AND FAT FREE FLAVORED MILK OFFERED DAILY

<https://springfieldps.sodexomyway.com>

(Menu changes are posted to this website)

**PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES**

**Menu items are subject to change**